

## Healthy Targets for Molokai's Keiki

***In 2015 33.2% of measured keiki were overweight or obese***

***In 2013 33.1% of measured keiki were overweight or obese***



### Sleep

*In 2015 Molokai keiki averaged 9.36 hours of sleep per day*

*In 2013 Molokai keiki averaged 9.26 hours of sleep per day*

## Child Information



### Percent of Boys and Girls

*In 2015 - 49% were boys*

*In 2013 - 41% were girls*



### Ages

*In 2015*

*74% were between the ages of 2-5 years old*

*26% were between the ages of 6-8 years old*

*In 2013*

*71% were between the ages of 2-5 years old*

*29% were between the ages of 6-8 years old*

### Other Child Information

*In 2015*

*39% were Native Hawaiian or other Pacific Islander*

*In 2013*

*49% were Native Hawaiian or other Pacific Islander*

