

# REQUEST FOR PROPOSALS GUIDE

## Children's Healthy Living Program Food Systems Extension and Outreach Pilot Projects

**Application Deadline: July 31, 2023**

**Anticipated Funding: \$5,000-\$20,000 awards (1-3 per jurisdiction)**

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## **EXECUTIVE SUMMARY**

The Children's Healthy Living Program Food Systems Extension and Outreach (CHL FSEO) is seeking applications for the Food Systems Pilot Projects to engage and empower communities to influence the food system to support the health of young children in the US Affiliated Pacific.

This RFP guide is meant to assist potential applicants in preparing their applications prior to the availability of the online application system which will be available on May 1, 2023. Applicants are encouraged to utilize this guide and are required to complete at least one of the [CHL FSEO Extension Modules](#), which provide in-depth training on how to complete each section of the RFP.

### **PART I: AWARD & ELIGIBILITY INFORMATION**

#### **Part IA: Available Funding**

A minimum of 1 and maximum of 3 pilot projects per jurisdiction represented with the CHL Food Systems project (Alaska, American Samoa, Commonwealth of the Northern Mariana Islands [CNMI], Guam, or Hawai'i) will be funded. A total of \$20,000 is available to each jurisdiction. Applications should request no less than \$5,000 and no more than \$20,000.

#### **Part IB: Eligibility Requirements**

The following organization types are eligible to receive funding:

- Non Profit organizations that are legally registered in the respective state or jurisdiction. Proof of non profit status must be provided with application.
- Institutions of higher education from a jurisdiction represented with the CHL Food Systems project (University of Hawai'i, University of Alaska Fairbanks, University of Guam, American Samoa Community College, Northern Marianas College).
- Other governmental agencies (i.e. Departments of Health, Education) located within a jurisdiction represented with the CHL Food Systems project

Eligible organizations must be located in one of the jurisdictions represented with the CHL Food Systems project: Alaska, American Samoa, CNMI, Guam, or Hawai'i.

Individuals who are currently funded on the CHL FS grant (i.e. jurisdiction leads, co-investigators, staff and CHL FS trainees) are not eligible for funding.

## **PART II: APPLICATION AND SUBMISSION**

### **Part IIA: Method of Application**

Applications will be accepted via SurveyShare. The link to the SurveyShare application will be made available on May 1, 2023 at <https://www.chl-pacific.org/extension-and-outreach-center/chl-food-systems/chl-food-systems-extension-and-outreach-program/chl-food-systems-extension-pilot-projects/>.

### **Part IIB: Content of the Application**

The application content is described in sections 1 through 5 below.

#### **Section 1: Applicant and Project Information**

Applicants will be required to provide the following information. Note: acceptable jurisdictions include Alaska, American Samoa, CNMI, Guam, and Hawai'i. Projects taking place in areas outside of these jurisdictions will not be eligible.

Select the jurisdiction your project will be completed in:

- Alaska
- American Samoa
- Commonwealth of the Northern Mariana Islands
- Guam
- Hawai'i

Organization's name:

Organization's address:

Your name (First Name Last Name):

Your email:

Your phone number:

CHL FSEO module(s) and accompanying knowledge check completed: Please attach the email confirming completion of each module and its associated knowledge check. Note: At least one module and its associated knowledge check needs to be completed and the email confirmation needs to be attached.

#### **1.1 Project Title**

What is the title of your proposed project? (This title should reflect the objective(s) and scope of the project as clearly as possible within 100 characters or less)

## **Section 2: Project Narrative**

The project narrative must include items 2.1- 2.6 listed below.

### *2.1: Critical issues of the food system your project will address.*

Note: 1 or more must be selected, if “other” is selected please describe.

- Food Environment
- Consumer Behavior
- Political and Institutional Structures
- Diet
- Health Outcome
- Other (please describe):

### *2.2: Statement of Issues*

Description of the critical issues being addressed by the project. (150 word limit)

### *2.3: Community Input*

Briefly describe how the proposed project was informed by the community, either through a jurisdiction-level group model building process and causal loop diagram or other community-engagement process. (150 word limit)

### *2.4: Project Objectives*

List the proposal objectives in a logical sequence. Objectives should be specific, measurable, and attainable within the one-year funding period. At least one, but no more than three objectives is required. (75 word limit)

### *2.5: Target Audience*

Describe who will benefit from this work (individuals and/or groups). (100 word limit.)

### *2.6: Approach*

Describe the steps you will take to carry out the project. (300 word limit).

## **Section 3: Logic Model**

All applications must include a logic model ([see template](#)). The logic model should include the following items 3.1-3.6 below.

### *3.1: Project's Inputs/Resources*

Please include description of any collaboration(s) with other CHL Food Systems activities, jurisdictions, other community organizations and contributors that will strengthen the project. (300 word limit)

**3.2: Project's Activities**

Please list your project activities in the order in which they will occur.

**3.3: Project's Outputs**

Please list your project outputs and describe how you will measure the outputs.

**3.4: Project's Outcomes**

Please list your project outcomes and describe how you will measure the outcomes. Resources for measuring different outcomes are available at <https://www.chl-pacific.org/chl-data-center/chl-data-resources-and-faq/>. Table 1 below contains a number of tools for measuring individual-level and community-level outcomes available from CHL. Web links to the tools are provided and tools can be located on page numbers provided. Alternative surveys and tools can be utilized to measure project outcomes but should be described. For example, changes in knowledge can be assessed using appropriate pre-post surveys.

Table 1. List of available resources adapted by CHL for measuring outcomes for individuals and communities and where to locate questions within the CHL resources.		
<b>Individual-Level Data (<a href="#">link to resource</a>)</b>	<b>Description</b>	<b>Page #</b>
Food Security	4 questions to assess food security status	8
Sleep Habits	Number of hours of sleep and other descriptions of sleep	9, 12-14
Cultural Affiliation	Attitudes and beliefs about culture and lifestyle	10
Sedentary Behaviors	Hours of screen time per day	11
Anthropometry	Height, weight and waist circumference. Can be used to calculate body mass index (BMI)	15
Acanthosis nigricans	Observed darkening of skin, which can be an indicator for diabetes risk	16

Food and Activity Log	Log to measure dietary intake and physical activity	17
<b>Community (<a href="#">link to resource</a>)</b>	<b>Description</b>	<b>Page #</b>
Physical Activity Environment		
Schools	Availability and characteristics of sports features, park amenities, settings, accessibility and parking, and exterior incivilities.	1
Parks		5
Churches		9
Indoor PA Facilities	Availability and characteristics of indoor/outdoor sports features, facility amenities, childcare services/teen center, sliding scale fees/discounts, accessibility and parking, and exterior incivilities.	13
Neighborhood Walkability	Community walkability characteristics, such as room to walk, street crossing, safety rule compliance, pleasantness, driver behavior, and other features of walking.	17
Fast Food Environment		
Exterior marketing	Marketing or advertising including a price promotion or sugar-sweetened beverage	24
Menu review and Food/Beverage availability	Healthy food and beverage options; Unhealthy food and beverage options; Kids' menu review	25-26
Store Environment		
Marketing and Advertising	Presence and characteristics of healthy and unhealthy store marketing/advertising	28-29
Produce and Other Healthy Food	Availability, quality, and price for selected produce	29-31
Store Environment Walkability	Walkability characteristics of store vicinity	32-34
Food Cost	Fruits and vegetables, fresh	35
	Fruits and vegetables, canned/frozen	35

	Breads, grains	35-36
	Dairy	36
	Meats	36
	Fats and oils	37
	Sugars	37-38
	Spices and Condiments	38

### 3.5: CHL Food Systems Outcomes

Select the CHL Food Systems related outcome(s) that your project aims to improve. You must select at least one. If you select "Other" please describe.

- Child Diet
- Child Anthropometry
- Food Cost
- Household Food Insecurity
- Food Environment
- Other (please describe):

### 3.6: Project's Impact

What are your project's potential impacts? For example: community involvement and engagement, program's capacity building, etc.

## Section 4: Project Timeline

All applications will need to include a timeline of when activities will occur. Activities may be broken down into quarters ([see template](#)). Timeline for the funded project should not exceed 12 months (1 year).

## Section 5: Project Budget and Justification

Applications will need to include a detailed budget ([see template](#)) and budget justification ([see template](#)) for all project activities. Total budget should be between \$5,000 and \$20,000.

Budgets should include funds requested from this proposal as well as funds utilized from other resources to support the project (if any). Allowable budget items include personnel salary, personnel fringe benefits, domestic travel, materials and supplies, and

other direct costs which can include participant honorarium/remuneration for program participation. Supplies are defined as costing less than \$5,000 per item or unit. Additionally, up to 10% can be included for indirect or administrative costs.

Unallowable costs include equipment which is defined as an item that costs more than \$5,000 per unit or item (example: a tractor costing \$6,000).

### **Section 6: References**

Provide a complete reference list of literature cited in your project proposal. Reference formatting should be consistent.

## **PART III: APPLICATION REVIEW REQUIREMENTS**

Applications will be reviewed by a committee that includes representatives from community organizations, extension professionals, state departments and others with expertise in child health, nutrition, and/or food systems. Each jurisdiction will be responsible for identifying the committee members to review applications from their respective jurisdiction. The evaluation rubric can be found [HERE](#).

Incomplete applications (missing information in sections 1 through 5 from above), applications from ineligible organizations/individuals, and applications requesting funding in excess of the allowable budget amount or which include equipment may not be reviewed.

Applicants will be notified of the review results by September 30, 2023.

## **PART IV: AWARD ADMINISTRATION AND REPORTING**

Applicants receiving awards will have until March 1, 2024 to execute the subaward. Disbursement of funds will occur at no more than 3 time points, 1) upon subaward execution, 2) submission of the mid-year report, and 3) upon submission of the final report. A minimum of 10% of funds will be held for the final disbursement. The disbursements will be based on a justification of the project needs and timelines of activities.

Applications will be required to submit updates at mid point and within 90 days of project completion. Reports will provide information on completed project activities, outputs,



outcomes and impacts relative to the proposal. The final report format will include a presentation and brief success story write up (see examples [HERE](#) and [tips](#)).

Applicants can request technical assistance (TA) from the CHL Food Systems coordinators (jurisdiction level), faculty and staff throughout the year for program implementation, evaluation, and reporting. TA requests will be met based upon availability of faculty and staff.

## **PART V: PROGRAM CONTACT AND OTHER USEFUL LINKS**

All questions should be emailed to: [CHLfseo@hawaii.edu](mailto:CHLfseo@hawaii.edu)

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Useful links:

- [CHL FSEO Web Page](#)
- [CHL FSEO Extension Modules](#)
- [CHL Data Center](#)
- [CHL individual-level data collection forms](#)
- [CHL community-level data collection forms](#)
- SurveyShare (will be updated May 1, 2023)
- [Logic model template](#)
- [Timeline template](#)
- [Budget template](#)
- [Budget justification template](#)
- [Evaluation rubric](#)
- FAQ section on the website (will be updated April 7, 2023)

## APPENDIX I: SAMPLE CHL FSEO PILOT PROJECT APPLICATION

### Section 1: Applicant and Project Information

Applicants will be required to provide the following information. Note: acceptable jurisdictions include Alaska, American Samoa, CNMI, Guam, and Hawaii. Projects taking place in areas outside of these jurisdictions will not be eligible.\*\*

Select the jurisdiction your project will be completed in:

Republic of the Marshall Islands\*\*

\*\*For sample only, eligible projects must be completed in Alaska, American Samoa, Commonwealth of the Northern Mariana Islands, Guam, or Hawaii.

Organization's name:

Organization's address:

Your name (First Name Last Name):

Your email:

Your phone number:

#### 1.1 Project Title

What is the title of your proposed project? (This title should reflect the objective(s) and scope of the project as clearly as possible within 100 characters or less)

*Improving MH Health and Nutrition Literacy with iCook 4-H*

### Section 2: Project Narrative

The project narrative must include items 2.1- 2.6 listed below.

#### 2.1: Critical issues of the food system your project will address.

Note: 1 or more must be selected, if "other" is selected please describe.

- Food Environment
- ★ Consumer Behavior
- Political and Institutional Structures
- ★ Diet
- Health Outcome
- Other (please describe):

#### 2.2: Statement of Issues

Description of the critical issues being addressed by the project. (150 word limit)

*Community collaborators on this project have expressed concern regarding the inadequate levels of health and nutrition literacy in our community. As a result, our community experiences a high prevalence of overweight/obesity, inadequate fruit and vegetable consumption, high consumption of processed meat, and lack of physical activity (Ritz & Cash, 2018; Novotny et al., 2016). There are limited community resources to enhance health and nutrition literacy. Nutrition education-related services are very limited with the large majority only available through clinical services by a registered dietitian. The only community-based program providing nutrition education services is the Expanded Food and Nutrition Education Program (EFNEP). However, community collaborators have expressed the lack of family-focused interventions. They have noted the importance of household-level characteristics of program delivery in increasing the impact of such interventions. Implementing this type of intervention would benefit the community by informing success in health and nutrition literacy through a multigenerational approach.*

### **2.3: Community Input**

Briefly describe how the proposed project was informed by the community, either through a jurisdiction-level group model building process and causal loop diagram or other community-engagement process. (150 word limit)

*The program has engaged various community collaborators throughout its existence. We have previously partnered with the community in formulating a strategic plan and community communications plan. During the process, we held multiple individual interviews with community members and working partners to identify key community issues and expand on existing efforts. For this proposal, the program met with community contributors involved in health literacy, nutrition education, and family and youth-focused groups. The program shared the proposal with these contributors for input and feedback. Through this process, we aimed to ensure the plan adequately addresses community needs and opportunities for improvement.*

### **2.4: Project Objectives**

List the proposal objectives in a logical sequence. Objectives should be specific, measurable, and attainable within the one-year funding period. At least one, but no more than three objectives is required.

*By the end of quarter 4, the program will complete evaluation of the implementation and effectiveness of the iCook 4-H intervention among at least 50 participants.*

### **2.5: Target Audience**

Describe who will benefit from this work (individuals and/or groups). (100 word limit.)

*The primary target audience for the iCook 4-H intervention is 9- and 10-year-old youth and their primary adult food preparer. This project aims to complete the intervention with at least 50 participants, which will include at least 25 youth and parent pairs. The intervention will overall target elementary school youth and youth caregivers, including parents.*

#### **2.6: Approach**

Describe the steps you will take to carry out the project. (300 word limit).

*The program will purchase the curriculum and utilize iCook 4-H to conduct the intervention. An external lead evaluator will be contracted to lead the evaluation, provide technical assistance, and development of a final report, infographic of program results, and a presentation for community collaborators. Evaluation materials will be reviewed, adapted, and adopted, as necessary to measure the implementation and effectiveness of the curriculum. A final evaluation plan will be adopted prior to implementing the curriculum among participants. Community collaborators and program staff will provide feedback regarding the evaluation plan prior to adoption. Other program staff will lead the recruitment of participants and implementation of the curriculum. The evaluator and key staff will ensure all necessary documentation is maintained throughout the evaluation process. The key program staff and lead evaluator will work on the final program evaluation results and dissemination.*

### **Section 3: Logic Model**

All applications must include a logic model (see completed template below). The logic model should include the following items 3.1-3.5 below.

#### **3.1: Project's Inputs/Resources**

Please include description of any collaboration(s) with other CHL Food Systems activities, jurisdictions, other community organizations and contributors that will strengthen the project. (300 word limit)

#### **3.2: Project's Activities**

List your project activities in the order in which they will occur.

#### **3.3: Project's Outputs**

What are your project's outputs? Please describe how you will measure the outputs.

### 3.4: *Project's Outcomes*

What are your project's outcomes? Please describe how you will measure the outcomes.

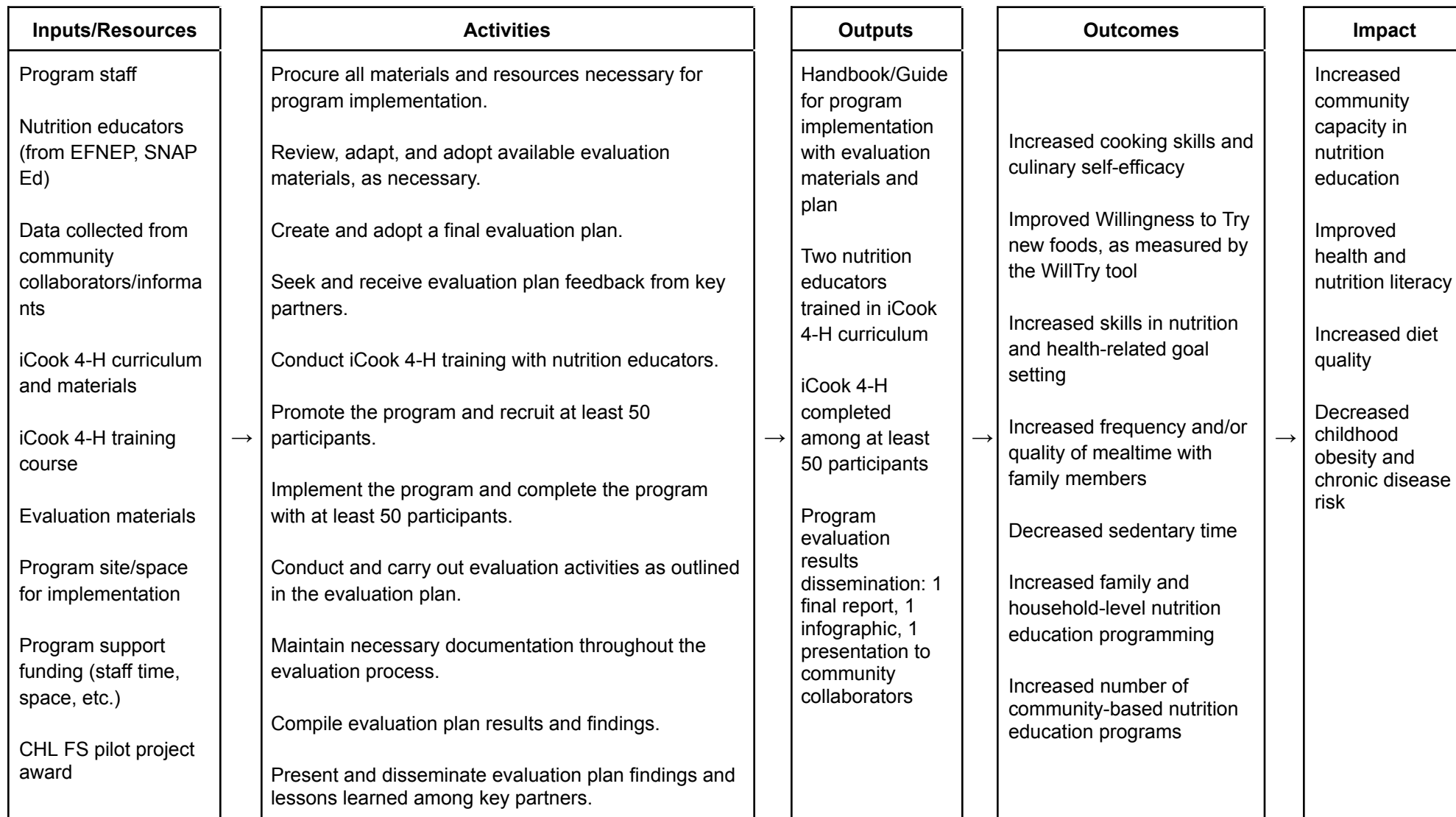
### 3.5: *CHL Food Systems Outcomes*

Select the CHL Food Systems related outcome(s) that your project aims to improve. You must select at least one. If you select "Other" please describe.

- ★ Child Diet
- Child Anthropometry
- Food Cost
- Household Food Insecurity
- Food Environment
- ★ Other (please describe): Adult pair diet; Consumer behavior

### 3.6: *Project's Impact*

What are your project's potential impacts? For example: community involvement and engagement, program's capacity building, etc.



**Section 4: Project Timeline**

All applications will need to include a timeline of when activities will occur by quarter. Timeline for the funded project should not exceed 12 months (1 year). Activities can be broken down by quarter (see completed template below).

	Pre Award	Project Implementation January - December 2024												Post Award
Activity	12/23	Quarter 1			Quarter 2			Quarter 3			Quarter 4			1/25
Complete at least one CHL FS Resiliency Module														
Procure all materials and resources necessary for program implementation.														
Review, adapt, and adopt available evaluation materials, as necessary.														
Create and adopt a final evaluation plan.														
Seek and receive evaluation plan feedback from key partners.														
Conduct iCook 4-H training with nutrition educators.														
Promote the program and recruit at least 50 participants.														
Submit the mid-year progress report.														
Implement the program and complete the program with at least 50 participants.														
Conduct and carry out evaluation activities as outlined in the evaluation plan.														
Maintain necessary documentation throughout the evaluation process.														
Compile evaluation plan results and findings.														
Present and disseminate evaluation plan findings and lessons learned among key partners.														
Submit the final report.														

## Section 5: Project Budget and Justification

Applications will need to include a detailed budget and budget justification for all project activities (see completed templates below). Total budget should be between \$5,000 and \$20,000.

Budgets should include funds requested from this proposal as well as funds utilized from other resources to support the project. Allowable budget items include personnel salary, personnel fringe benefits, domestic travel, materials and supplies (<\$5,000 per unit), and other direct costs which can include participant honorarium/remuneration for program participation.

Unallowable costs include equipment (>\$5,000 per unit).

### *Budget*

<b>Title: Improving MH Health and Nutrition Literacy with iCook 4-H</b>				
<b>Category</b>	<b>Description</b>	<b>Amount Requested in this Proposal</b>	<b>Amount Utilized from other Resources</b>	<b>Total Cost</b>
<b>Personnel</b>				
Salary	Nutrition educator (\$2.5/hour x 20 hours/week x 26 weeks)	\$1,300.00	\$0.00	<b>\$1,300.00</b>
Fringe	30% of salary	\$0.00	\$390.00	<b>\$390.00</b>
Salary	Nutrition educator (\$2.5/hour x 20 hours/week x 26 weeks)	\$1,300.00	\$0.00	<b>\$1,300.00</b>
Fringe	30% of salary	\$390.00	\$0.00	<b>\$390.00</b>
Salary	Project assistant (\$3/hour x 10 hours/week x 52 weeks)	\$0.00	\$1,560.00	<b>\$1,560.00</b>
Fringe	30% of salary	\$0.00	\$468.00	<b>\$468.00</b>
Salary	Project lead (\$4/hour 20 hours/week x 52 weeks)	\$0.00	\$4,160.00	<b>\$4,160.00</b>
Fringe	30% of salary	\$0.00	\$1,248.00	<b>\$1,248.00</b>
<b>Total Personnel</b>		<b>\$2,990.00</b>	<b>\$7,826.00</b>	<b>\$10,816.00</b>



<b>Travel - Domestic</b>				<b>\$0.00</b>
Airfare, per diem, ground transportation	Travel to Majuro for training - 1 educator	\$0.00	\$1,375.00	<b>\$1,375.00</b>
Airfare, per diem, ground transportation	Travel to Kwajalein for project lead and evaluator	\$2,360.00	\$0.00	
Mileage	¢62.5/mile x 150 miles	\$0.00	\$93.75	<b>\$93.75</b>
<b>Total Travel</b>		<b>\$2,360.00</b>	<b>\$1,468.75</b>	<b>\$3,828.75</b>
<b>Materials &amp; Supplies (&lt;\$5,000 per unit)</b>				<b>\$0.00</b>
Office Supplies	Training materials, curriculum delivery materials	\$900.00	\$0.00	<b>\$900.00</b>
Supplies for Pilot Projects	iCook 4-H curriculum purchase, food costs for curriculum delivery, cooking and food preparation supplies	\$1,500.00	\$0.00	<b>\$1,500.00</b>
Workshop Supplies				<b>\$0.00</b>
<b>Total Materials &amp; Supplies</b>		<b>\$2,400.00</b>	<b>\$0.00</b>	<b>\$2,400.00</b>
<b>Equipment (&gt;\$5,000)</b>	<i>NOT ALLOWED</i>			<b>\$0.00</b>
				<b>\$0.00</b>
<b>Total Equipment</b>		<b>\$0.00</b>		<b>\$0.00</b>
<b>Other Direct Costs</b>				<b>\$0.00</b>
Honorarium for participants	Participants who complete the program will receive a \$25 voucher for the purchase of fresh produce.	\$1,250.00	\$0.00	<b>\$1,250.00</b>

Rental space	Physical space is needed for both training for the nutrition educators and to deliver the nutrition education to participants	\$1,000.00	\$0.00	<b>\$1,000.00</b>
Project evaluator contract	External project evaluator to carry out primary evaluation activities of this project	\$10,000.00	\$0.00	<b>\$10,000.00</b>
<b>Total Other Direct Costs</b>		<b>\$12,250.00</b>	<b>\$0.00</b>	<b>\$12,250.00</b>
<b>GRAND TOTAL</b>		<b>\$20,000.00</b>	<b>\$9,294.75</b>	<b>\$29,294.75</b>

*Budget Justification*

**A. Personnel**

Person 1 and 2, Nutrition educator: The nutrition educators will be involved in training and the delivery of services to project participants. The time spent on this project will be approximately half time for 26 weeks. The staff will be paid \$2.50 per hour. Hence, they will be compensated at \$2.50 per hour at 20 hours per week for 26 weeks. Salary for each of the nutrition educators will cost the program \$1,300. Fringe benefits will follow the US average calculation at 30% of the employee's salary. Fringe benefits for each of the nutrition educators is \$390. The additional funding for the staff will primarily serve to increase capacity and skills through training, evaluation, and research.

Person 3, Project assistant: The project assistant will be involved in the coordination and management of administrative duties of the project. This staff member will not be compensated under the CHL FS budget. They will be compensated under the program's primary budget.

Person 5, Project lead: The project lead will be involved in all aspects of the project and serve as the project's primary contact. The lead will not be compensated under the CHL FS budget. They will be compensated under the program's primary budget.

**B. Travel**

Travel will be necessary for 1 nutrition educator to travel from the outer atoll to Majuro for 5 days at \$215/day. In addition, the project lead and evaluator will travel to the outer atoll for 5 days at \$176 per day. Roundtrip airfare is estimated at \$300 per person, utilizing average prices from Air Marshall Islands. Travel for the nutrition educator will cost \$1,375. Travel for the project lead and evaluator will cost \$2,360. In addition, each nutrition educator will require local travel to attend training, procure supplies, and to deliver services to community members. Mileage will cost 62.5 cents per mile at 150 miles. Total travel costs are \$3,828.75.

### **C. Materials and Supplies**

Office supplies: Office supplies, such as printing supplies and basic office stationery, will be utilized in delivery of the training activities for nutrition educators. In addition, these supplies will be used in curriculum delivery for the 50 participants.

Supplies for pilot project: These supplies include purchasing the iCook 4-H curriculum, which can be purchased online through the 4-H website. The cost of one digital access code is \$21.00. The program will purchase 4 unique access codes, which will cost a total of \$84.00 plus tax. Other supplies required for the pilot project include curriculum delivery materials. These supplies include food, food preparation materials, kitchen supplies, and physical activity supplies.

### **D. Equipment**

None

### **E. Other Direct Costs**

Honorarium for participants: The 50 participants who complete the program will receive a voucher to purchase fresh produce in the amount of \$25. The total cost of the vouchers is \$1,250; 50 vouchers at \$25.

Rental space: In order to carry out training and service delivery activities, the program must rent physical space. There is currently inadequate office space available to conduct such activities. In addition, the space will need to accommodate the curriculum activities, including food preparation and physical activity.

Project evaluator contract: The project evaluator will be hired for the project's duration. They will serve as the primary lead and contact for all activities in this project involving tracking and evaluation. They will be responsible for working closely with the program in the creation of the project's primary deliverables.

## Section 6: References

Provide a complete reference list of literature cited in your project proposal. Reference formatting should be consistent.

Novotny, R., Li, F., Fialkowski, M. K., Bersamin, A., Tufa, A., Deenik, J., Coleman, P., Guerrero, R. L., Wilkens, L. R., & Children's Healthy Living (CHL) Program (2016). Prevalence of obesity and acanthosis nigricans among young children in the children's healthy living program in the United States Affiliated Pacific. *Medicine*, 95(37), e4711. <https://doi.org/10.1097/MD.0000000000004711>

Ritz, S., & Cash, H. (2018). *Republic of the Marshall Islands Hybrid Survey Final Report*. PIHOA. Retrieved October 5, 2022, from [https://www.pihoa.org/wp-content/uploads/2022/05/RMI-Report-FINAL24\\_Oct\\_2018.pdf](https://www.pihoa.org/wp-content/uploads/2022/05/RMI-Report-FINAL24_Oct_2018.pdf)

White, A., Franzen-Castle, L., Kattelman, K., Olfert, M., & Colby, S. (2018). *iCook 4-H: Cooking, Eating, and Playing Together*. SNAP-Ed Toolkit: Obesity Prevention Interventions and Evaluation Framework. Retrieved August 24, 2022, from <https://snapedtoolkit.org/interventions/programs/icook-4-h-cooking-eating-and-playing-together/>