



Guåhan Sustainable Culture's (GSC) after-school program empowers Guam's youth with hands-on **gardening, nutrition education, and Chamoru cultural practices**. The program aims to foster healthier lifestyles and a deeper cultural connection among elementary school students.

*March 2024 - March 2025*

## 45 STUDENTS AND FAMILIES

Students were provided with hands-on education and activities during the after-school program. Families were also engaged through group physical activities, promoting intergenerational wellness and community involvement.

## COMMUNITY PARTNERSHIPS

Local cultural practitioners were invited to present to the students about their respective arts, such as weaving, chanting, farming, and even beekeeping.

## \$4,562 TO FAMILIES

Families received weekly produce bags from local farmers, recipes to encourage home cooking, gardening kits to continue learning and engagement at home, and gas vouchers to support in-person attendance.

"[Lil sprouts] made [my child] understand the **importance of eating healthy**. With the rising cost of produce, we as a family can **work together to plant our fruits & vegetables**."

- Parent Participant



## CONTACT

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