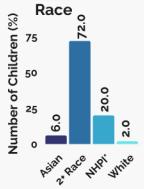
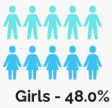
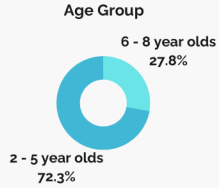
CHILDREN'S HEALTHY LIVING PROGRAM
for Remote Underserved Minority Populations in the Pacific

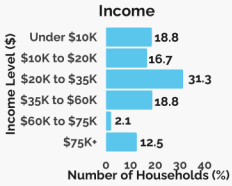
2019 Healthy Targets for Children in Hilo, Hawaii

POPULATION OVERVIEW



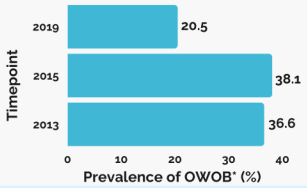






*Native Hawaiian and Pacific Islander

OVERWEIGHT AND OBESITY



*Overweight and Obesity

ACANTHOSIS NIGRICANS

Prevalence of Acanthosis Nigricans by Timepoint:

- 2019: 0%
- 2015: 3.0%
- 2013: 1.2%

SCREEN TIME

The percent of children who met the screen time recommendation of less than or equal to 2 hours a day...

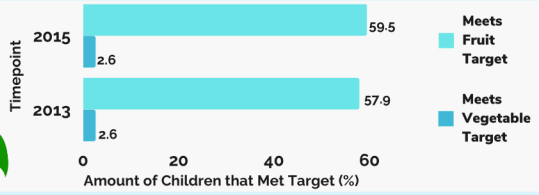
- 2019: 30.0%
- 2015: 22.7%
- 2013: 20.0%

SLEEP

The percent of children who met sleep requirements for their age:

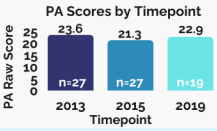
- 2019: 48.0%
- 2015: 48.0%
- 2013: 60.6%

FRUIT AND VEGETABLE TARGETS



PHYSICAL ACTIVITY SETTINGS

PA* Setting Average Scores consists of amenities, features, sports features, and incivilities subcomponent scores. The maximum score is 71.



CHL overall PA Setting Average Score for 2019: 18.8

*Physical Activity

STORE OUTLETS

Store Outlet Average Scores consist of fruit, vegetable, nutrition info, presence of healthy foods, acceptance of WIC* and FS**, store interior and exterior, and walkability subcomponent scores. The maximum score is 100 with a 'meets standards' cut off at 75.

The CHL overall store outlet average score for 2019 was 41.7.

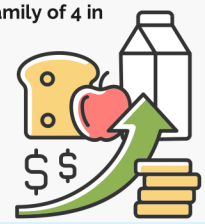
*Women, Infants, & Children
**Food Stamps

FOOD COST

In March 2021, the average food cost* for a family of 4 in Hawaii was

$1,055.57

per month.



*Based on the USDA Thrifty Food Plan.
Contact authors for more information.

USDA
United States Department of Agriculture
National Institute of Food and Agriculture

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