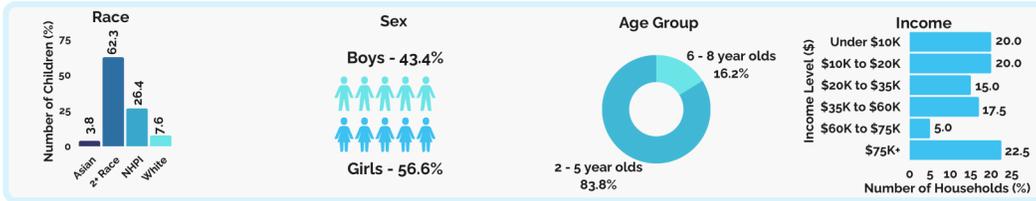


CHILDREN'S HEALTHY LIVING PROGRAM

for Remote Underserved Minority Populations in the Pacific

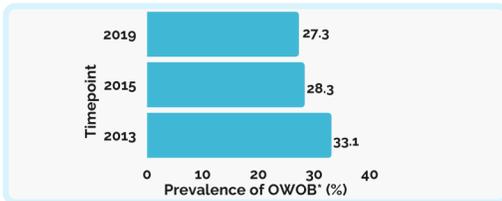
2019 Healthy Targets for Children in Nānākuli, Hawaii

POPULATION OVERVIEW



*Native Hawaiian and Pacific Islander

OVERWEIGHT AND OBESITY



*Overweight and Obesity

ACANTHOSIS NIGRICANS

Prevalence of Acanthosis Nigricans by Timepoint:

- 2019: 0.0%
- 2015: 0.0%
- 2013: 2.6%



SCREEN TIME

The percent of children who met the screen time recommendation of less than or equal to 2 hours a day...



- 2019: 13.2%
- 2015: 26.6%
- 2013: 25.6%

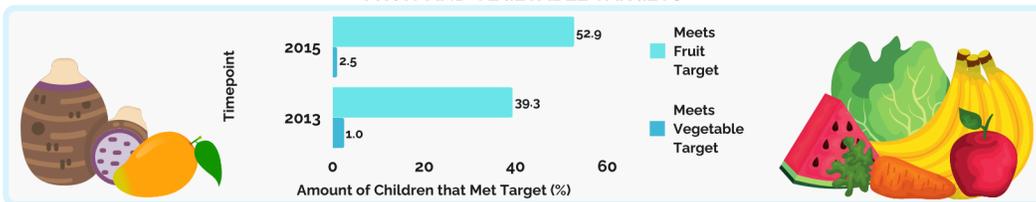
SLEEP

The percent of children who met sleep requirements for their age:

- 2019: 37.7%
- 2015: 34.3%
- 2013: 48.4%

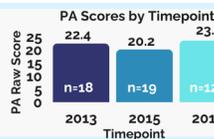


FRUIT AND VEGETABLE TARGETS



PHYSICAL ACTIVITY SETTINGS

PA* Setting Average Scores consists of amenities, features, sports features, and incivilities subcomponent scores. The maximum score is 71.



CHL overall PA Setting Average Score for 2019: 18.8



*Physical Activity

STORE OUTLETS

Store Outlet Average Scores consist of fruit, vegetable, nutrition info, presence of healthy foods, acceptance of WIC** and FS**, store interior and exterior, and walkability subcomponent scores. The maximum score is 100 with a 'meets standards' cut off at 75.

Store Outlet Types



The CHL overall store outlet average score for 2019 was 41.7.



**Women, Infants, & Children
**Food Stamps

FOOD COST

In March 2021, the average food cost* for a family of 4 in Nānākuli was **\$1,078.25** per month.



*Based on the USDA Thrifty Food Plan. Contact authors for more information.



United States Department of Agriculture
National Institute of Food and Agriculture

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